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### GENERIC DRUG QUALITY

Did you know that the United States Food and Drug Administration (FDA) require generics to be as safe and effective as their brand-name counterparts? That means you can save without compromising quality. We have prepared the tips below to explain how you and your pocketbook can benefit by choosing to “go generic.” A generic medication is an FDA-approved, chemically identical version of a brand-name medication. To receive this approval, a generic must contain identical amounts of the same active ingredients—in the same dosage form and strength—as its brand-name counterpart and be shown to work the same way in the body.

#### When are prescriptions filled with generic medications?

Over 60 percent of all prescriptions in the United States are now filled with generic medications. Your doctor may choose to prescribe a generic for you, or, if he or she recommends a brand name, you can ask if a generic is available. Pharmacists will usually substitute a generic for a brand name, unless otherwise directed by the doctor or prohibited by applicable law.

#### Why are brand-name medications so much more expensive than generics?

Drug companies typically pass along the high cost of research and development for new medications to the consumer. Brand-name medications are protected by patents for several years. However, once the patent of a new medication expires, other companies are permitted to manufacture a generic equivalent. Without those original costs, the generic version usually costs a lot less.

#### As an ICUBA plan member, do using generic medications really save me money?

Yes. You may obtain up to a 30-day supply of generic drugs at an in-network retail pharmacy for just \$10 and up to a 90-day supply at just \$20 either through the mail order or at retail pharmacies participating in the Advantage90™ program. In fact, you can pay \$5 instead of \$10 and \$10 instead of \$20 for each distribution channel described above if you select a value based generic drug (see next page).

You can also call Walgreens Health Initiatives (WHI) 24 hour call center at 1-800-207-2568

**PLEASE REMEMBER TO LOGON TO [www.bcbsfl.com](http://www.bcbsfl.com) and select MyBlueService<sup>SM</sup> to take your Personal Wellness Profile on or before Nov30<sup>th</sup> to get your \$25 incentive!**

[Find answers on MyWHI.com with features designed for you.](http://MyWHI.com)

- Get safe and secure access to YOUR prescription and health information
- Save time with anytime-access to YOUR convenient online tools
- Find savings to lower YOUR prescription medication costs

# Important Information to Improve Your Health

## ICUBA VALUE BASED GENERIC DRUG LIST

For any drugs listed below, you may:

- Receive up to a 30 day supply at your retail pharmacy for a co-pay of just \$5!
- Receive up to a 90 day supply through mail order or through a retail pharmacy participating in the Advantage90™ program for a co-pay of just \$10!

<b>Antibiotics</b>	<b>Depression SSRIs</b>
AMOXICILLIN	CITALOPRAM HBR
AMOXICILLIN TRIHYDRATE	FLUOXETINE HCL
AMOXIL	
CEPHALEXIN	<b>Diabetes</b>
CIPROFLOXACIN HCL	GLIMEPIRIDE
SULFAMETHOXAZOLE/TRIMETHOPRIM	GLIPIZIDE
	GLIPIZIDE ER
<b>CARDIOVASCULAR - Blood Pressure</b>	GLIPIZIDE XL
<b>Ace Inhibitors</b>	GLYBURIDE
BENAZEPRIL	GLYBURIDE-METFORMIN
ENALAPRIL MALEATE	GLYBURIDE-METFORMIN HCL
LISINOPRIL	HYDROCHLOROTHIAZIDE
LISINOPRIL-HYDROCHLOROTHIAZIDE	METFORMIN HCL
<b>Ace Inhibitors with Diuretics</b>	METFORMIN HCL ER
BENAZEPRIL HCL-HCTZ	
ENALAPRIL MALEATE/HCTZ	<b>Gastrointestinal</b>
LISINOPRIL-HCTZ	OMEPRAZOLE*
<b>Beta Blockers</b>	RANITIDINE
ATENOLOL	RANITIDINE HCL
METOPROLOL SUCC	
METOPROLOL TARTRATE	<b>Muscle Strain</b>
<b>Diuretics</b>	CYCLOBENZAPRINE HCL
FUROSEMIDE	
HCTZ	<b>Pain</b>
TRIAMTERENE W/HCTZ	IBUPROFEN
<b>CARDIOVASCULAR - Cholesterol Lowering</b>	<b>Thyroid Hormone</b> (added 11/1/08)
LOVASTATIN	LEVOTHYROXINE
SIMVASTATIN	

\*Please note if you choose to take advantage of the generic PPI Omeprazole, have your physician prescribe at least a 40 mg dose. The 20 mg dose is only available over the counter.

If you are a diabetic, you can receive One Touch Meters and Strips and Novofine® needles at NO CO-PAY at an in-network pharmacy!