

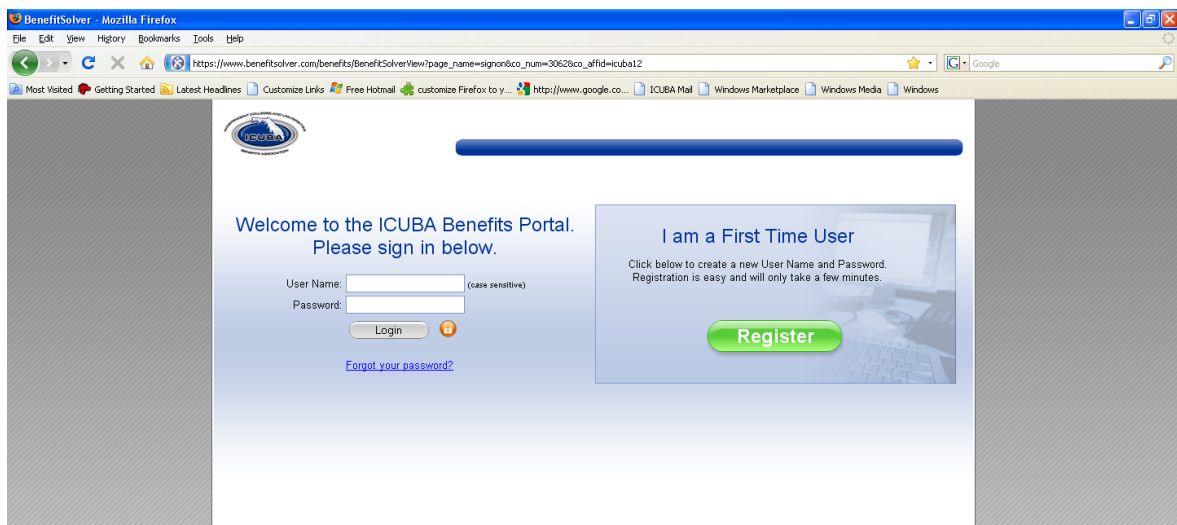
In this Issue:

Page 1: ICUBABENEFITS.ORG

Page 2: Global Fit™ and Blue ComplementsSM

ONE STOP SHOPPING FOR ALL YOUR EMPLOYEE BENEFITS PROGRAMS!

HTTP://ICUBABENEFITS.ORG



Did you know you can reach all your benefits information from one single website?

By logging onto <http://icubabenefits.org>, you can:

- View current and historical eligibility and enrollment information
- Access data in real time, any time
- View Plan Information
- Access Your ICUBA BENEFITS CARD™ Account Balances
- See Your Benefits Plan Documents
- Obtain important information regarding Your Health Plan
- See Your Prescription Drug Benefits
- Find out important information regarding overseas travel
- Utilize tools that assist you in making enrollment elections
- Review, download, and print benefit overviews
- Submit inquiries to HR in a secured environment

Page 1

Important Information to Improve Your Health

Blue Cross Blue Shield GlobalFit™ and Blue ComplementsSM



Get fit and save. As an ICUBA Member, You are covered! BlueComplementsSM offers members 20 to 60 percent discounts off retail rates at more than 1,500 GlobalFit™ Network fitness clubs locally and nationwide. Members must enroll with GlobalFit™ to take advantage of the discounts.

A one-time enrollment fee applies. Contracts are month-to-month, so they are easy to cancel or transfer from one GlobalFit™ club to another. GlobalFit™ is a value added benefit to Your ICUBA Health Benefit. GlobalFit™ provides convenient, affordable options to help You adopt healthier lifestyles. GlobalFit™ offers a comprehensive menu including fitness center memberships, home exercise options, weight-loss programs, professionally guided smoking cessation and much more. For more information regarding the GlobalFit™ benefit, please visit <http://www.globalfit.com> or call GlobalFit™ at 1-800-294-1500.



For additional services available to You from Blue ComplementsSM, logon to <http://www.bcbsfl.com>. BlueComplementsSM expands Your health care choices and offers You discounted products and value-added services. The program is free to members and many of the services can be accessed throughout Florida and even nationwide just by showing Your member ID card. There are services for Alternative Medicine, Smoking Cessation Programs, Hearing, Vision and Lasik Discounts as well as discounts for bike helmets.